



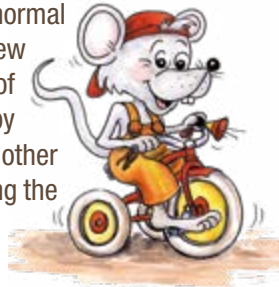
*9 suggestions  
for your children*



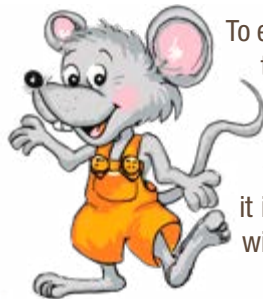
To allow you to enjoy a happy and serene holiday with your family, to make it one of the most pleasant experiences is close to our heart just like the wellbeing of your children. And it's for this reason that we, the assistants at Baby and Junior Lino, would like to offer to all those who may want to leave their child at Lino Land some useful advice acquired from our experience and considered by us fundamental for a happy integration:

### *Prepare your child for a new experience*

First of all we would like to remind you that it is absolutely normal that a child may manifest a certain resistance towards a new situation (even if they already attend a nursery). The moment of separation is therefore often, but not always, characterised by tears. A child that has developed a good attachment to the mother will also be a child that will let themselves be consoled. Preparing the child in advance may make the difference in these cases. Tell them what awaits them, describe the place where they will be going and help to familiarise them with the faces of the people who will take care of them.



### *Be ready for the separation*



To ease the adjustment it is important that you the parents are ready to detach yourselves as much as the little ones, even is this brings a sense of latent guilt. It is indispensable to not transpire anxiety and fear by trying to control your emotions in order not to transmit them to your child; they are in fact capable of reading it in your face coming to the conclusion that the place where they will be left is not safe.

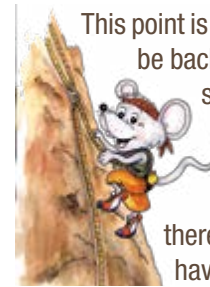
### *Inform the assistants in case of special needs*

Each child is special in his own way, with his criticalities, needs and limits. We want these peculiarities to turn into opportunities for your children to grow up and have fun during your holiday. Please email us at [lino@cavallino-bianco.com](mailto:lino@cavallino-bianco.com) and inform us in advance about the difficulties that your children usually meet with and we will be ready for taking care of them during their stay at Lino Land.



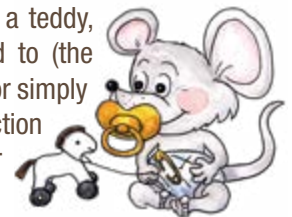
### *Advise the child that you are going away*

This point is very important. Say goodbye with a kiss and explain to them that you will be back soon without prolonging the detachment by continuing, for example, to say goodbye, otherwise they will perceive that something is wrong and may begin to cry. This may be heartbreaking, but rest assured that for a child who has become distracted by a toy it is more traumatic for them to turn around and see that their mum and/or dad are no longer there, feeling therefore a deep sense of abandonment. Finally, once you have distanced yourselves, if you want to observe your child playing and integrating with others, be very careful, to avoid being seen and making them cry again. When you return later, cuddle them and compliment them on how they dealt with the situation.



### *Let the child take something that is dear to them.*

Let the child take with them to Lino Land an object such as a teddy, a blanket or cloth, a toy that they are particularly attached to (the transitional object as defined in psychology by D.W. Winnicott) or simply a dummy (if they use one). This carries out an important function that helps the child to feel tied to the "presence" of mum and/or dad, projecting towards the object the feelings that they nurture towards the role model.



## *The importance of meals*



At Lino Land you have the possibility of letting your child eat in the company of other children and with our assistants. This time is particularly delicate and therefore we recommend that you bring your child early to meal times and not at the last minute (if possible) so that they have the chance to gradually get used to the new surroundings and not arrive at the table in a rush.

## *Don't be in a hurry*

Every child has their own pace therefore we advise you to respect their time for adjustment without forcing your own hand too much. Every child is in fact, different from others; therefore take some time to dedicate to their introduction.



## *Lino Land must-have*



Everytime you leave your child at Lino Land please be sure he has no-slip socks, a change of clothes, a pair of shoes and a jacket with him/her.

## *Have a positive attitude*

Show yourselves to be trusting and well disposed towards the assistants, avoiding negative considerations in the presence of the child. It is better to give your own support to the assistant even if they do some things in a different way to you. A child is a flexible being and capable of adapting themselves to different styles.

